

**~ BREAKFAST ~**

(9:00am until 11:00am)

**£3.25 | Toast & Trimmings**

Toast\* with Cornish Butter & Choice of Jam, Marmalade, Marmite or Peanut Butter

**£3.75 | Jumbo Oat Cinnamon Porridge**

Topped with dried Fruit & Nuts

**£4.75 | Eggs Deli-Style**

Eggs Your Way on Toast\*

**Additional toppings £1.00 each-**

Smoked Bacon, Chorizo Sausage, Grilled Tomatoes, Herby Field Mushrooms, Giant Beans, Hummus & Seeds

**£5.25 | Toasted Cinnamon & Raisin Bread**

Chai Infused Prunes with Greek Yoghurt

**£6.00 | Chorizo Sausage Sandwich**

Served in our Sourdough Bread\* with a Smoky Bravas Mayonnaise and mixed leaves.

**Add a Fried Egg for 50p**

**£7.25 | Chorizo Parilla & Egg**

Spicy Chorizo & Butterbeans topped with an Egg, served with our Sourdough\*

**DELI PLATTERS**

**£8.95 / Served with Hummus and a slice of our Sourdough Bread \***

**Italian Meat Feast** – Prosciutto di Parma, Mixed Salami & Balsamic Onions

**Spanish Selection** – Chorizo, Lomo, Manchego & Membrillo (Quince Paste)

**Vegetarian** – Grilled Artichoke, Cherrybell Peppers & Sunkissed Tomatoes (Vegan option available)

**Old Faithful** – Prosciutto di Parma, Anchovies & Grilled Artichoke

**£10.95 / Cheese Board-** Choose 3 Cheeses you fancy & we'll sort the Crackers & Chutney

**~ ALL DAY SMALL PLATES ~**

(9.00am until 4.30pm)

**£5.50 | Soup (see board for details)**

Served with a slice of our Sourdough Bread \*

**£5.75 | Hummus Plate**

Our Hummus Selection served with 2 slices of our Sourdough \*

**£6.50 | Daily Sandwich Specials (see board for details)**

Made with our Sourdough Bread \*

**£6.95 | Mezze Salad**

A selection of our daily Deli Salads (see board for details) with Hummus, Sunkissed Tomatoes, and Toasted Seeds

**£7.25 | Daily Tart (see board for details)**

Served with Dressed Leaves & a selection of our Deli Salads

**ADDONS**

**£1.00 | Gluten Free Roll\***

**£2.50 | Bread, Oil, Balsamic Vinegar**

**£2.75 | Deli Counter Antipasti** 100g of any of our Antipasti

**£3.25 | Patatas Bravas** Lightly Fried Cornish Potatoes served with Smoky Tomato Salsa

**£3.50 | Side Salad** Selection of our Deli Salads

**~ AUGUST LUNCH SPECIALS ~**

(12:00noon - 3:00pm)

**£7.50 | 'All Day Breakfast' Frittata**

Smoked Pancetta, Field Mushroom, Tomatoes, Sautéed Potatoes, served with a mix of our Deli Salads

**£7.95 | Coronation Chicken, Golden Raisin Puree, Toasted Almonds, Chives, Radish**

Served on our house made Sourdough Bagel

**£7.95 | Falafel on our Pitta Bread with Feta & Pickle (v)**

Garden Salad dressed with a Tahini Vinaigrette

**£8.50 | Pisto, Hummus & Poached Egg (v)**

A rich and smoky Spanish version of Ratatouille, served with our Sourdough \*

**£8.75 | Potato Rosti, Prosciutto di Parma, Saffron Aioli**

Topped with a Poached Egg, Chives & Radish and served with our Sourdough\*

**Want it Veggie?– Swap in a Field Mushroom**

**~ DESSERTS ~**

**£1.95 | Moomaid Ice Creams (ask at for flavours)**

**£2.50 | Three of our Cornish Macarons**

**£4.50 | Raspberry & Pistachio Frangipane Tart**

**Check out our Counter for more Sweet Treats**

**~ SUMMER WINE SUGGESTION ~**

**Bellefontaine Grenache Rosé, Pays d'Oc 2017**

£4.25 | £5.25 | £6.25 | £17.75