



The Courtyard Deli & Kitchen offers a broad range of delicious produce from different countries and cultures. Our ambition is to help people enjoy different flavour and menu combinations to supplement the great Cornish produce locally available.

Our passion for sourcing and preparing great ingredients means you can find a wonderfully diverse range of fresh and cooked food to tempt you.

We're open every day for customer to browse the deli and to enjoy a delicious prepared meal upstairs, in the courtyard or to takeaway.

With notice, we can also prepare food for a variety of events – from lunch boxes and picnics to enjoy on a day out, to kitchen suppers, buffets and dinner parties that will wow guests whilst making life easy for the host.

## **BREAKFAST MENU** (Served 8:30am until 11:00am Monday to Saturday)

### **£3.00 / Toast & Trimmings**

Toast\* with Cornish Butter & Choice of Jam, Marmalade, Marmite or Peanut Butter

### **£3.50 / Jumbo Oat Cinnamon Porridge**

A hearty start to your day. Topped with dried Fruit & Nuts

### **£4.50 / Toast with Toppings**

Toast\* with one topping of your choice (choose from Eggs as you like them, Bacon, Grilled Tomatoes, Herby Mushrooms, Giant Beans, Hummus & Seeds) **Additional toppings £1.00 each**

### **£5.25 / Toasted Panettone**

Chai Apricots, Greek Yoghurt, Honey, Pistachios

### **£5.75 / Bacon & Eggs Deli-Style**

Scrambled Eggs & Bacon on Toast\* with Smoky Tomato Salsa

### **£5.95 / Chorizo Sausage Sandwich**

Served in our Sourdough Bread\* with a Smoky Bravas Mayonnaise and mixed leaves. **Add a Fried Egg for 50p**

### **£6.50 / Chorizo Parilla & Egg**

Spicy Chorizo & Butterbeans topped with an Egg, served with Bread\*

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## **ALL DAY SMALL PLATES / PLATTERS MENU** (Served all day Monday to Saturday – 8:30am until 4:30pm)

### **£5.00 / Soup (see board for details)**

Served with a slice of our Sourdough Bread \*

### **£5.45 / Hummus Plate**

Our Hummus Selection served with 2 slices of our Sourdough \*

### **£5.95 / Daily Sandwich Specials (see board for details)**

Made with our Sourdough Bread \*

### **£6.95 / Mezze Salad**

A selection of our daily Deli Salads (see board for details) with Hummus, Sunkissed Tomatoes, and Toasted Seeds

### **£6.95 Daily Tart (see board for details)**

Served with dressed leaves & a small selection of our daily Deli Salads

### **£7.95 / Deli Platters**

A trio of Deli Favourites, served with Hummus and 1 slice of our Sourdough Bread \* Choose from:

Italian Meat Feast – Prosciutto, Mixed Salamis & Balsamic Onions

Spanish Selection – Chorizo, Lomo, Manchego & Membrillo (Quince Paste)

Vegetarian – Grilled Artichoke, Cherrybell Peppers & Sunkissed Tomatoes (*Vegan option*- substitute olives in place of peppers)

Old Faithful – Prosciutto, Anchovies & Grilled Artichoke

### **£9.25 / Cheese Board**

Choose 3 Cheeses you fancy & we'll sort the Crackers & Chutney

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## **ADDONS** Feeling extra peckish? Why not add one of the following

**£2.00 / Bread & Oil Board \*** 2 slices of our Sourdough bread with Extra Virgin Olive Oil & Aged Balsamic

**£2.50 / Patatas Bravas** Lightly Fried Cornish Potatoes served with Smoky Tomato Salsa

**£2.75 / Deli Counter Antipasti** 100g of any of our Antipasti (Choose from Hummus, Olives, Roasted Artichokes, Sundried Tomatoes, Cherrybell Peppers)

**£3.50 / Side Salad** A small selection of our daily Deli Salads

\* (Gluten-Free alternative available + 75p)