

~ BREAKFAST ~

(9:00am until 11:00am)

£3.25 | Toast & Trimmings

Toast* with Cornish Butter & Choice of Jam, Marmalade, Marmite or Peanut Butter

£5.25 | Toasted Cinnamon Brioche

Chai Infused Prunes with Greek Yoghurt & Toasted Almonds

£3.75 | Jumbo Oat Cinnamon Porridge

Topped with dried Fruit & Nuts

£6.00 | Chorizo Sausage Sandwich

Served in our Sourdough Bread* with a Smoky Bravas Mayonnaise

Add a Fried Egg for 50p

£4.75 | Deli-Style Eggs

Eggs Your Way on Toast*

Additional toppings £1.00 each-

Smoked Bacon, Chorizo Sausage, Grilled Tomatoes, Herby Field Mushrooms, Giant Beans, Hummus & Seeds

£6.75 | Vegan Breakfast

Sourdough Toast, Grilled Tomato, Herby Field Mushroom, Giant Beans, Hummus & Seeds

DELI PLATTERS—served all day

£8.95 / Served with Hummus and a slice of our Sourdough Bread *

Classic Deli – Prosciutto di Parma, Mixed Salami, Lomo & Balsamic Onions

Vegetarian – Grilled Artichoke, Cherrybell Peppers & Sunkissed Tomatoes (Vegan option available)

£10.95 / Cheese Board-

Choose any 3 Cheeses you fancy & we'll sort the Crackers & Chutney

Extra Antipasti

£2.75 | Deli Counter Antipasti 100g of any of our Antipasti

~ Sides ~

£1.00 | Our Sourdough Bread

£1.00 | Gluten Free Roll*

£2.50 | Bread, Oil, Balsamic Vinegar

£3.25 | Patatas Bravas

Fried Potatoes, Smoky Salsa Brava Sauce

£4.00 | Side Salad Selection of our Deli Salads & Pickles

£5.75 | Hummus Plate Our Hummus Selection served with our Sourdough

Enjoyed your lunch?

Everything from our Kitchen is made here, by us, from our Sourdough to our Puff Pastry and everything in between!

~ LUNCH ~

(11:00 - 3:30pm)

£5.50 | Soup (see board for details)

Served with a slice of our Sourdough Bread *

£6.50 | Daily Sandwiches (see board for details)

Made with our Sourdough Bread *

£7.15 | Mezze Salad (gf, vg)

A selection of our daily Deli Salads with Hummus, Sunkissed Tomatoes, House made Pickles, Toasted Seeds

£7.25 | Daily Tart (see board for details)

Served with Dressed Leaves & a selection of our Deli Salads

£8.25 | Vegan Lunch Bowl (vg, gf)

Falafel, Roasted Beetroot Hummus, Regular Hummus, House Pickles, Garden Salad, Popped Pumpkin Seeds dressed with a Tahini & Garlic Vinaigrette

£8.50 | Burnt Aubergine, Soy, Miso & Borlotti Bean Stew (vg)

With Onion Cream, House Pickles & our Sourdough*

£8.75 | Chickpea Dhal Makhani & Parsnip Bhaji (v)

Topped with a Fried Egg, Crème Fraîche & our Sourdough

£8.95 | Potato Rosti, Prosciutto di Parma, Saffron Aioli

Topped with a Poached Egg, Chives & Radish and served with our Sourdough*

Want it Veggie?– Swap in a Field Mushroom

Most of our dishes are available in half portions, please ask at the counter for details or we offer a

£4.50 | Kids Meal Deal

House Made toasted Bagel filled with a choice of Cheese, Salami or Hummus.

Served with Burts Sea Salt Crisps and a half Brownie for afters