

Catering



COURTYARD
DELI & KITCHEN



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Now you can enjoy what you love at The Courtyard Deli & Kitchen at home or in the office. Our fresh salads, gourmet sandwiches, delicious cakes and pastries plus plentiful platters of charcuterie and cheese are available daily for collection.

We try wherever possible to be kind to the environment so we have a limited number of printed copies of this brochure in-store to look at.

You can also view and download this menu online at www.courtyarddeli.co.uk (click on the catering tab) or leave us your details and we'll happily email you a copy.

Contact us

Email: orders@courtyarddeli.co.uk

Telephone: +44 (0) 1326 727007

Opening Hours

Mon - Sat 0830 - 1700 all year

Sun 1030 - 1600 April to October only



Soups, Salads & Sandwiches

SOUPS

Small - 4 People	Medium - 8 People	Large - 12 People
£11	£21	£30

Our soups change all the time so please contact us for our current seasonal offering.
With notice we can make up a batch of your favourite.

SIDE SALADS*

Small - 4 People	Medium - 8 People	Large - 12 People
£8	£14	£20

Panzanella - Tomato, Basil, Roasted Peppers, Sourdough Bread, Red Onion, Capers (v)

Black Bean Salad - Sweetcorn, Tomatoes, Avocado, Mint, Feta, Spring Onion, dressed with a Cashew and Coriander Salsa (v) (gf)

Broccoli, Garlic & Chili Salad - dressed with Lemon and Almonds (v) (gf)

Fennel, Feta & Pomegranate Seeds - tossed in Sumac (v) (gf)

Roasted Beetroot, Carrot & Pearl Barley - topped with Goats' Cheese & Basil (v)

Smoked Coronation Chickpea Salad - Roasted Chickpeas, Middle Eastern Spices, Apricots, Sultanas, Almonds, Coriander (v) (gf)

*Salads can also be made into a main course by doubling the portion size (& price)

SANDWICHES*

Small - 4 People	Medium - 8 People	Large - 12 People
£14	£26	£38

Home Smoked Ham & Truffle Mustard - with Mixed Leaves

Roast Chicken & Chipotle Mayo - with Sun Blushed Tomatoes & Mixed Leaves

Italian Meat Feast (Selection of Charcuterie) with Cornichons, Mayo & Mixed Leaves

Cornish Brie & Pesto - with Mixed Leaves (v)

St Mawes Smoked Cheddar - with Mango Chutney & Mixed Leaves (v)

Egg Mayonnaise - with Sun Blushed Tomatoes & Chives (v)

Walnut & Beetroot Hummus - with Roasted Vegetables & Mixed Leaves (v)

*Also available on gluten-free bread (additional 50p charge per person)

Savoury Pastries

PASTRIES & PIES

£2.40 Chorizo Sausage Roll

£2.75 Hand Raised Pork Pie

£3.50 Gluten Free Tart- Sweet Red Pepper, Pesto & Cheddar (v) (gf)

£3.50 Gluten Free Tart- Caramelized Red Onion & Goats' Cheese (v) (gf)

£3.75 Spanakopita- Spinach, Feta & Herb Filo Pie - Slice (v)

£17.50 Spanakopita- Spinach, Feta & Herb Filo Pie - Whole (serves 8) (v)

DELI QUICHES

Baked in a 28cm case, serves 8-10 hearty portions

£16.50 Provençale - Olive Tapenade, Roasted Vegetable (v)

£16.50 Butternut Squash, Blue Cheese & Rosemary (v)

£16.50 Fennel, Taleggio & Cardamom

£16.50 Parmesan & Tarragon

£16.50 Lorraine (our version) - Bacon, Leek & Cornish Treloar Cheese

£16.50 Pancetta, Onion & Crème Fraiche

£16.50 Chorizo, Patatas & Salsa Brava

£18.50 Golden Tomato & Saffron (v)

£18.50 Truffled Mushroom & Tarragon (v)





Cakes & Treats

WHOLE CAKES & TARTS

(Serves 8-10)

£16.50 Lemon Drizzle

£17 Brûléed Lemon Sabayon Tart (Chef's Favourite!)

£17.50 Chestnut, Lemon & Crème Fraiche Cake (gf)

£18 Salt Caramel & Bitter Chocolate Tart

£18.50 Blood Orange Upside Down Cake (January – March only)

£18.50 Brioche Treacle Tart

£22 Chocolate Espresso Cake (gf)

£22.50 Kate's BFG (Black Forest Gateau)

£22.50 Triple Decker Chocolate Cake

MUFFINS

£2.25 Double Chocolate

£2.25 Banana & Walnut Streusel

£2.25 Carrot, Pineapple, Cinnamon Streusel

£2.25 Orange & Poppyseed (gf)

Cakes & Treats

INDIVIDUAL CAKES & PASTRIES

- £1 Chocolate Bouchon
- £1 Coconut & Chocolate Macaroons (gf)
 - £1 Tiffin- per slice
 - £1.25 Shortbread
- £1.50 Bakewell Slice (gf)
- £1.50 Ginger & Apricot Flapjack
- £1.50 Natas - Portuguese Custard Tarts
- £1.75 Santiago Tartlet - Frangipane, Orange, Lemon & Membrillo
- £1.95 Brownie (gf)

FRENCH MACARONS

We are constantly experimenting with new flavours and colours, so our list is ever changing!

A member of the team can advise you at time of ordering what we currently have.

With notice, we can of course make your favourite should we not have it in stock.

Individual - £1

Three - £2.50

Twelve - £10

Vanilla - Yellow Shell with a Rich Vanilla Bean Buttercream (gf)

Pistachio - Green Shell with a Pistachio Buttercream & Chopped Whole Pistachios (gf)

Hazelnut Chocolate - Chocolate Shell with Valrhona Hazelnut Chocolate Ganache (gf)

Raspberry - Red Shell with a Raspberry Jam Filling (gf)

Passion Fruit - Orange Shell with a Passion Fruit Curd (gf)- Chef's Favourite!!

Chocolate Chestnut - Mahogany Shell with a Chocolate Chestnut Buttercream (gf)

Salt Caramel - White Shell with Feuilletine, Salt Caramel and Vanilla Buttercream





Platters

Portions

Small - to serve 4 people / Medium - to serve 8 people / Large - to serve 12 people

Cheese - Cornish & Continental

£20 - Small

£39 - Medium

£57 - Large

A selection of Cornish and Continental Cheeses, Crackers & homemade Chutneys

Charcuterie

£21 - Small

£42 - Medium

£62 - Large

Includes a selection of Cured Meats served with homemade Chutneys, Mixed Olives, Cornichons, Caperberries, Balsamic Onions & Hummus

Antipasti

£22 - Small

£44 - Medium

£65 - Large

Cherrybell Peppers, Grilled Marinated Artichokes, Anchovies (smoked & regular), selection of Olives, Balsamic Onions, Regular Hummus, Walnut & Beetroot Hummus, Sun-Kissed Tomatoes, Selection of Cured Meats

Lunch Boxes & Picnics

LUNCHBOXES

Perfectly sized for one and packaged neatly in a disposable container you can take with you on your travels

Adult Lunchbox - £9.50 per adult

One of our gourmet sandwiches, a scoop of salad or a bag of crisps

A sweet treat from our countertop selection

A soft drink (or from an extra £1 why not swap in an alcoholic drink instead?)

Kids Lunchbox - £6.50 per child

Half a gourmet sandwich, a scoop of salad or a bag of crisps

A sweet treat from our countertop selection

A soft drink

PICNICS

Our classic and deli picnics provide each picnicker with a healthy adult-sized lunch portion with a bit leftover for afternoonsies (...if you've got the self-control!)

Classic Picnic - £13 per person

A selection of bread, cheese & chutneys / A savoury pastry from our countertop selection

A selection of salads from our countertop selection / A sweet treat from our countertop selection

A soft drink (or from an extra £1 why not swap in an alcoholic drink instead?)

Deli Picnic - £15 per person

Your choice of either a meat or cheese deli board

A basket of our homemade sourdough / A choice of antipasti from our countertop selection

A savoury pastry from our countertop selection / A sweet treat from our countertop selection

A soft drink (or from an extra £1 why not swap in an alcoholic drink instead?)

Don't forget we need a minimum of 24 hours' notice please to prepare your picnic.



Kitchen Suppers

If you fancy delicious food in the comfort of your own place, but don't fancy the hassle of cooking, why not take advantage of our Kitchen Suppers?

With 48 hours notice, we can prepare a kitchen supper for you.

You can also add in an easy starter made up of items from our deli counter and a basket of our homemade sourdough if you wish for an extra £5 per person.

Prices are based on serving 6 Adults,

if you wish to feed more or less please let us know and we'll gladly give you a quote!

Main Dishes

£26.50 Truffled Mushroom Quiche with Smoked Chickpea Salad (v)

£27.50 Aubergine Parmigiana with Cannellini Bean, Tomato and Red Onion Salad (v)

£27.50 Sweet Potato Chilli with Jalapeno Cornbread Muffins and Mexican Slaw (v) (gf)

£29.50 Courtyard Deli Spanakopita (Spinach, Feta & Filo Pie) with Potato Salad (v)

£33.50 Luxury Fish Pie with Zingy Courgette and Tomato Salad

£32.50 Chicken Cacciatore with a White Bean Salad

£33.50 Chicken and Smoked Ham Pie with Celeriac Remoulade

£34.50 Pork Sausages with Cowboy Beans & Red Cabbage Slaw

£35.50 Classic Cottage Pie with Cumin Roasted Vegetables

£36.50 Chorizo Parilla and Butterbean Stew

£42.50 Lamb and Spinach Karahi Curry with Aloo Gobi and Cucumber Raita

£46.50 Lamb Tagine with Smoked Chickpea Salad & Hummus

Desserts

£16.50 Seasonal Fruit Crumble with Crème Anglaise

£17 Chocolate Fudge Cake with Latte Cream

£17.50 Normandy Apple Flan & Crème Chantilly

£18 Salt Caramel & Bitter Chocolate Tart

£18.50 Santiago Tart with Armagnac Marinated Fruit and Nuts

£22.50 Lemon and Lime Cheesecake





Beverages

WINE by the bottle

White

- £7 Ca'di Ponti Grillo
- £9 Bellefontaine Chardonnay
- £10 Diez Siglos Verdejo
- £11 L'Ormarine 'Duc de Morny' Picpoul de Pinet

Red

- £7 Ca'di Ponti Nero d'Avola
- £9 Pasquiers Shiraz
- £10 Les Volets Malbec
- £11 La Chapelle de Marin Cotes du Rhone

Sparkling

- £4.50 Lunetta Prosecco Spumante, Veneto, Italy (20cl)
- £12 Lunetta Prosecco Spumante, Veneto, Italy (75cl)

BEER, ALE & CIDER by the bottle

- £2.40 Polgoon Cider, 330ml
- £2.50 Rebel Brewery Ales- Surf Bum, Bal Maiden, Sail Ale
- £3 Estella, 330ml
- £4 Cornish Orchards Alcoholic Ginger Beer

SOFT by the bottle/can

- £1.40 San Pelligrino Sparkling Fruit Juice- Blood Orange, Lemon
- £1.50 Polgoon Soft Drinks - Apple Juice, Traditional Lemonade, Elderflower Pressé
- £1.50 Fentiman's Old-Fashioned - Dandelion and Burdock, Curiosity Cola, Ginger Beer
- £1.20 Cornish Spring Water - Sparkling or Still - 15cl
- £2.75 Cornish Spring Water - Sparkling or Still - 75cl

Ways to Order

By Phone: 01326 727007

By Email: orders@courtyarddeli.co.uk

Being a small team we appreciate as much notice as possible.

Kitchen Suppers require a minimum of 48 hours notice.

Orders must be finalised at the latest by midday the business day prior.

A charge of £10 may apply for changes made to existing orders after that time.

CANCELLATIONS

Cancellations must be confirmed by phone and we would appreciate as much notice as possible so as to minimise waste.

At least 24 hours notice is required for Kitchen Supper cancellations.

We reserve the right to withhold deposits for orders not cancelled by phone and/or in the time frames required.

PAYMENT

A 50% deposit is required for orders over £15.

We accept cash, Visa, Mastercard and American Express.

Payment may be made over the telephone.

COLLECTIONS & DELIVERIES

Orders will be ready for collection as agreed and always during

Deli opening hours: Mon - Sat 0830 - 1700 / Sun 1030 - 1600 (April to October only).

Delivery may be possible on request.

A minimum delivery charge of £5 will be applied.

Allergies & Dietary Requirements

Please contact us with your allergy and dietary restriction requests.

We do our best to accommodate most requests, but please do bear in mind that we are a working kitchen using a variety of ingredients and as such we cannot guarantee that cross contamination will not occur in preparation despite our best efforts to prevent it.

We are not a nut-free facility.

We will do our best to prepare the order to the proper specifications, however the Courtyard Deli & Kitchen will not be held liable for adverse reactions to food consumed, or items that an individual has come in contact with, at an event catered by The Courtyard Deli.

MENU KEY

v - vegetarian

gf - gluten free

Events

No need to dirty your apron, we'll do the work for you with our gourmet catering for all occasions. Our professional, experienced and passionate on-site team can prepare, cook, and provide service for events large and small. Whether entertaining a few friends at home or putting on a feast for fifty, look to us for a seamless and professional service that will leave a lasting impression.

With access to the best quality local produce and ingredients from further afield we will work with you to create an inspired menu from our outstanding repertoire of dishes, including French, Spanish, Italian, Middle Eastern and Indian cuisines.

With his background as a pastry chef, Chris can also prepare a range of sweet and savoury pastries to wow any guests.

Contact us at orders@courtyarddeli.co.uk to discuss your requirements.





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